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Thursday 30th March 2017

Hay Smoked Ocean Trout (c.1730)
Pickled lemon salad, gentleman's relish, sorrel
& smoked roe

Meat Fruit (c.1500) Mandarin, chicken liver parfait & grilled bread

Beef Royal (c.1830) Sirloin of Black Angus, musbroom ketchup, smoked pickled onion, ox tongue, anchovy & red wine

Tipsy Cake (c.1810) Spit roast pineapple

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Cherry Isle Bar (c.1650) Chocolate, coconut, 'ripe cherry', almond & bay leaf ice cream









Sources of origin

Hay Smoked Ocean Trout
1730 The Complete Practical Cook by Charles Carter

Meat Fruit $c.13^{\stackrel{b}{-}}15^{\stackrel{b}{-}}century$

Beef Royal 1723 Court cookery, the complete English cook

Tipsy Cake
1810 The English cookery book by J.H. Walsh

Cherry Isle Bar 1650 Hesperides by Robert Herrick